



Peppermint Hot Cocoa

Ingredients:

- ½ cup cocoa powder
- ½ cup sugar
- 2 tbsp. sea salt
- ¼ cup chocolate chips
- 4 drops Peppermint Vitality Essential Oil

Directions:

1. In a small bowl, add the sugar. Drop the Peppermint Essential Oil into the sugar and mix.
2. Layer the ingredients into the mason jar starting with the cocoa powder and followed by the infused sugar, sea salt, and topped with chocolate chips

Usage:

Mix ¼ cup or more to taste in 1 cup warm milk (almond, coconut, cow's)

