

PAMPER YOURSELF

CONTENTS:

YOU ARE TOO GOOD FOR THE TOXINS

YOUR DREAM SKIN CARE ROUTINE

MEET SAVVY, YOUR NEW BEST FRIEND

YOUNG LIVING®

ART®

Intensive Moisturizer

1.7 fl. oz. (50 ml)

YOU ARE TOO GOOD FOR THE TOXINS

YOU ARE WORTH IT ALL. DON'T DO THE DAMAGE WITH
THE TOXINS. BE BEAUTIFUL ON THE INSIDE AND ON THE
OUTSIDE.

WE CHOOSE YOUNG LIVING BEAUTY PRODUCTS AND
SAVVY MINERALS MAKEUP BECAUSE WE BELIEVE BEAUTY
SHOULD BE WITHOUT COMPROMISE.

READ THE LABELS. THROW OUT THE TOXINS.

PARABENS: ENDOCRINE DISRUPTERS, LINKED TO REPRODUCTIVE ISSUES, FOUND IN
PERSONAL CARE PRODUCTS

TALC: MAY CONTAIN ASBESTOS, SKIN IRRITANT, USED IN FOUNDATION, EYESHADOW, BABY
POWDER

MINERAL OIL: CAN CAUSE BREAKOUTS, CLOG PORES, CAUSE PREMATURE AGING, MADE
FROM PETROLEUM, USED IN LOTIONS, CREAMS, OINTMENTS

PHthalATES: HORMONES DISRUPTER, USED IN COSMETICS, SKIN CARE, FRAGRANCE

All Young Living Products are FREE of these chemicals. You are
getting naturally derived ingredients, and essential oil infused
beauty products that will bring beauty to your skin without
compromising your health.

THE SKIN CARE ROUTINE

MASTER THE SKIN CARE ROUTINE OF
YOUR DREAMS.

STEP I

WE CLEANSE.

TIPS FOR CLEANSING:

TWO TIMES DAILY

KEEP HAIR OFF YOUR FACE

WASH YOUR HANDS

USE LUKEWARM WATER, FINISH WITH COLD WATER

CLEANSING OPTIONS:

Art Gentle Cleanser

- Gently removes dirt, oil, make-up and impurities
- Supports skin natural pH balance
- Foaming cleanser
- Suitable for all skin types

Orange Blossom Face Wash

- Suitable for sensitive skin or irritated skin
- Very mild, gentle
- Active ingredients: micro algae and licorice root extract
- sunflower seed oil
- Apple fruit extract
- Lavender, Patchouli, Lemon, and Rosemary Essential Oils

Mirah Luminous Cleansing Oil 4 fl.oz. (118 ml)

- Gently softens, and moisturizes skin
- Argan oil, jojoba oil, grapeseed oil, all to help regulate natural oil on skin
- Vegan Formula
- Double Cleansing Option

1. Mirah Cleansing Oil

2. Art Gentle Cleanser

THE SKIN CARE ROUTINE

STEP 2 - EXFOLIATE ONCE - TWICE A WEEK.

Satin Mint Facial Scrub

Supports smoothy, silky skin

Helps remove old cells

STEP 3 - NOW WE TONE.

Art Refreshing Toner:

using a regular cleanser requires the use of a toner

helps remove left-over residue

helps pores appear smaller

helps create the appearance of toned skin.

STEP 4 - YOU MAY WANT TO RESTORE.

Art Renewal Serum

Use Art Renewal Serum before moisturizing to help increase the appearance of skin radiance and reduce aging skin.

STEP 5 - MOISTURIZE

HYDRATES AND PROTECTS SKIN

HELPS REDUCE APPEARANCE OF FINE LINES

MOISTURIZING OPTIONS:

Art Light Moisturizer

- Helps reduce fine lines
- Supports skin elasticity
- hydrating

Art Intensive Moisturizer

- heavier cream - ideal for dry or mature skin
- apply at night or as needed

Orange Blossom Moisturizer

- Helps improve healthy looking skin
- controls excess oil and shine

Sandalwood Moisturizing cream

- soothes and calms
- nourishes and hydrates
- heavy cream

ENJOY YOUR BEAUTY BAG

SAMPLES OF YOUNG LIVING PRODUCTS:

SANDALWOOD MOISTURE CREAM

MIRAH FACE CLEANSING OIL

CHARCOAL BAR SOAP

&

DIY FACIAL SERUM

DIY NIGHTLY UNDER-EYE ROLLER

OILS FOR YOUR SKIN:

OILS FOR SENSITIVE/ DRY/ NORMAL SKIN

- LAVENDER
- COPAIBA
- FRANKINCENSE
- GERANIUM
- LEMONGRASS

OILS FOR OILY SKIN:

- TEA TREE
- LEMON
- PATCHOULI
- KUNZEA
- MANUKA

MEET SAVVY, YOUR NEW BEST FRIEND

AFTER YOUR DREAM SKIN CARE ROUTINE, IT IS
TIME TO APPLY THE SAVVY!

SAVVY MINERALS IS YOUNG LIVING'S BEAUTIFUL MAKEUP
COLLECTION. IT IS MINERAL MAKEUP, WITH NATURALLY
DERIVED INGREDIENTS, VEGETARIAN AND VEGAN FRIENDLY,
GLUTEN FREE, AND FREE OF SYNTHETIC PRESERVATIVES,
SYNTHETIC FILLERS, FRAGRANCE, AND HARMFUL TOXINS.

STEP 1 - PRIME

STEP 2 - APPLY FOUNDATION AND COLORS

STEP 3 - SET FACE WITH VEIL

TIPS FOR SAVVY MAKEUP:

ADD A SMALL AMOUNT OF FOUNDATION INTO THE LID

SPRAY FOUNDATION BRUSH WITH MISTING SPRAY

TAP OFF EXCESS PRODUCT

APPLY IN CIRCULAR MOTIONS

USE DIAMOND DUST AS A HIGHLIGHTER

TIME TO PAMPER YOURSELF

MY SAVVY FOUNDATION COLOR MATCH IS:

I AM MOST EXCITED ABOUT:

I WILL BE ADDING THESE PRODUCTS TO MY
ESSENTIAL REWARDS ORDER:



WHAT IS YOUR SKIN COMPLEXION?

1. CHECK YOUR VEINS

PUSH YOUR SLEEVES UP RIGHT NOW AND LOOK AT THE VEINS ON THE INSIDE OF YOUR WRIST. ARE THEY BLUE OR GREEN? IF THEY LOOK MORE BLUE, YOU LIKELY HAVE COOL UNDERTONES. IF THE VEINS LOOK GREENISH, YOU'RE WARM. IT'S WORTH NOTING, WARM GIRLS, THAT YOU'RE VEINS AREN'T ACTUALLY GREEN—THEY LOOK IT BECAUSE YOU'RE SEEING THEM THROUGH YELLOW-TONED SKIN (YELLOW + BLUE = GREEN.)

2. THE OLD JEWELRY TRICK

THINK ABOUT WHETHER YOU LOOK BETTER IN SILVER OR GOLD JEWELRY (NOT WHICH YOU LIKE MORE, BUT WHICH ACTUALLY MAKES YOU LOOK MORE RADIANT, GLOWING, AND AWAKE.) TYPICALLY, GIRLS WITH COOL UNDERTONES LOOK BETTER IN SILVER AND PLATINUM METALS, AND WARM-TONED WOMEN LOOK BETTER IN GOLD.

3. THE NEUTRAL TEST

THINK ABOUT WHAT NEUTRAL SHADES FLATTER YOU BEST. DOES YOUR SKIN, EYES, AND FACE LOOK BETTER IN BRIGHT WHITE AND BLACK HUES, OR IVORY, OFF-WHITES, AND BROWN/TAN SHADES? THE FORMER MEANS YOU'RE PROBABLY COOL-TONED, AND THE LATTER, WARM.

COOL COMPLEXION SUGGESTIONS:

BRONZER: CROWNED ALL OVER

BLUSH: I DO BELIEVE YOU'RE BLUSHING,
SMASHING

MULTITASKERS: LIGHT SHADES FOR EYEBROWS,
JET SETTER OR DARK FOR EYELINER

EYE SHADOW: BEST KEPT SECRET, RESIDUAL,
WANDERLUST, SPOILED, CRUSHING,
DETERMINED

LIPSTICKS: ADORE, ON A WHIM, WISH, IT GIRL,
MISS CONGENIALITY, ICON

LIP GLOSS: ABUNDANT, EMBRACE

TIP: CREATE THE PERFECT SHADE BY MIXING
EITHER WARMER AND/OR COOLER FOUNDATION.



WARM COMPLEXION SUGGESTIONS:

BRONZER: SUMMER LOVED

BLUSH: AWESTRUCK, SMASHING, SERENE

MULTITASKERS: JET SETTER, DARK, TAN

EYE SHADOW: BEST KEPT SECRET, RESIDUAL,
SPOILED, INSPIRED, CRUSHING, DETERMINED,
UNSCRIPTED

LIPSTICKS: WISH, ON A WHIM, UP TOWN GIRL, IT
GIRL, ICON, POSH

LIP GLOSS: ABUNDANT, EMBRACE, JOURNEY

TIP: MIX YOUR WARM FOUNDATION WITH COOLER OR
DARKER SHADES. TO ADD RADIANCE, TRY YOUR
FAVORITE BRONZER.



DARK COMPLEXION SUGGESTIONS:

BRONZER: SUMMER LOVED, DARK 2, DARK 3, DARK
4

BLUSH: CAPTIVATE, SERENE, PASSIONATE, CHARISMA

MULTITASKERS: JET SETTER, DARK

EYE SHADOW: SPOILED, CRUSHING, DETERMINED,
DIFFUSED, ENVY, OVERBOARD

LIPSTICKS: UPTOWN GIRL, MIC DROP, SWEET LIFE,
BEDAZZLED, ICON, MUSE, UNTAMED, POSH, SIREN

LIP GLOSS: HEADLINER, ANCHORS AWEIGH,
ABUNDANT, JOURNEY, MAVEN

TIP: TO LIGHTEN OR DEEPEN YOUR FOUNDATION, ADD
MULTITASKER SHADES, OTHER WARM FOUNDATIONS,
OR SUMMER LOVED BRONZER.